

SRE Overview

	Foundation Stage	Key Stage One		Key Stage Two			
	Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
TOPICS	Myself and Others	Myself and Others	Differences: Boys and Girls	Self-Esteem	Growing and Changing	Talking about puberty	Puberty and reproduction
	Family Networks	Body Parts	Differences: Males and Females	Challenging Gender Stereotypes	Body Changes and Reproduction	Becoming men and women	Relationships and reproduction
	Body Awareness	Family	Naming Body Parts	Differences Male and Female	What is Puberty?	Puberty and hygiene	Conception and pregnancy
	Hygiene	Friendships	Everybody needs caring for	Family Differences	Thinking, feeling, doing-changing relationships	Menstruation and wet dreams	Being a parent
		Choices	Looking after the body	Decision Making	Assertiveness	Menstruation education for girls	Bacteria and viruses
				Safety	Your questions answered	Building good relationships	You questions answered